

BIKE ROUTES

(25mi & 14.5mi)

We leave Owen and Ollie's Restaurant on Mill St and head towards Lakeview Ave, take a left and then a right onto Mammoth Rd towards NH (enter NH at mile 1.4); continue on Mammoth Rd in Pelham (bearing left at fork at mile 1.9) and bike another 3.5 miles taking a right onto Nashua Rd in Pelham (mile 4.9) towards the old Pelham Police station; continue straight through the rotary (mile 6.3) to route 38; take a right (mile 6.7) and continue for another 4 miles into Dracut (mile 9.2) all the way to Wendy's (mile 11.3); take a right at Wendy's onto Pleasant St and continue straight into Lowell (mile 12.6) (Pleasant St changes to Riverside St upon entering Lowell – **the only Water Stop is located at Gorman Tax Service at the corner of Pleasant St/Lakeview Ave**) **14.5 route:** take right at water stop onto Lakeview Ave continue straight for 2.1 miles Owen & Ollie's will be on your left.

25 mile riders continue and follow below;

Continue straight you will merge onto Pawtucket Blvd/Route 113 West (mile 13.3) (Merrimack River will be on your left); continue for 6 miles to the Tyngsboro Bridge (Tyngsboro line is at mile 16.6); take a right onto 3A North/Frost Rd (mile 19.4), then a right onto Lakeview Ave in Tyngsboro (mile 20.8); continue on Lakeview Ave where you will enter Dracut (mile 23.0) (Road name changes to Tyngsboro Road); continue on Tyngsboro Rd to the end; take a right onto Nashua Rd (mile 23.9), then a left on Lakeview Ave in Dracut; go to set of lights where Dunkin Donuts is, take a right then a left onto Mill St and back to Owen and Ollie's (mile 24.8)

YOU MADE IT!

Be proud if you're not an avid biker. You can take satisfaction knowing you helped someone in need.

WE THANK ALL OF YOU WHO SPONSORED A RIDER!

Don't forget to invite your family and friends to join you as you proudly cross the finish line!

Suggestions



- Make sure your bike is in good shape.
- Blow outs happen – bring a tire kit.
- Bring a full bottle of water.
- There will be 1 Water Stop
- Eat a good breakfast and get a good night's sleep.
- Dress light and bring a change of clothes for when the ride is over.
- Please invite family and friends to Owen & Ollie's to meet us when we arrive.
- Remember THIS IS NOT A RACE - the pace we keep is moderate. You can take a break whenever necessary.
- Bring a cell phone for emergencies – we will provide you with a cell phone number to call on the day of the ride.
- Bring a First Aid kit
- A soft seat and biking gloves are helpful.
- Please wear a helmet!!



Please wear your shirt for the ride.



O & O's FOR A CAUSE would like to extend to you an invitation to join us for our...

14th ANNUAL CYCLING FOR A CAUSE

25 or 14.5 miles



Sunday, October 2, 2022

Rain or Shine

Departure time: 10:00AM

Rider Check in: 9:00 am

Group Photo: 9:45 am

The bike ride starts and ends at Owen and Ollie's
91 Mill Street, Dracut, MA

Followed by Music, Food, Fun, and Raffles

*This year's Bike Ride to benefit
Fred Llewellyn & Family*

**\$40 (online) pre-registration (shirt guaranteed)
\$45 the day of (shirt not guaranteed)**

**Want to raise more money for this great cause?
Have people sponsor you. (See sponsor sheet)**

**GUARANTEED SHIRT MUST BE REGISTERED
BY SEPTEMBER 9th.**

Not a rider or can't make it to the event, but would like to make a donation? Drop off any donation at Owen and Ollie's Restaurants' front hostess desk or go to our website at oandosforacause.org to make a donation online.



This year we ride for Fred Llewellyn. Fred is 37 years old and a Dracut resident. He recently was diagnosed with extensive small cell lung cancer that has spread to his lymph nodes in his neck, chest, and abdomen. Fred is a family man, a loving husband to wife Nikki (Chasse), and father to their 10 year old daughter Emma. Currently, Fred is undergoing chemotherapy treatment and unable to work. This year our goal, with the help of Fred's family and friends and our generous community is to help ease his financial burden. With your help we will be able to help Fred focus on what's most important, continuing his fight against cancer and enjoying time with his family.

O&O's For a Cause is a 501(c)(3) non-profit organization (Tax ID#81-1995710) that raises money through charitable contributions and fundraisers to provide assistance to children, families, and other non-profit organizations in need of our assistance, wherever and whenever possible, regardless of race, religion, age, or ethnicity.

Owen and Ollie's Restaurant & Pub would also like to help in another way:

Dine With Us

Can't ride with us? Dine with us on **October 12, 2022** and 20% of your total check (excluding tax & tip) will be donated to the benefit. (See **DINE WITH US** coupons in this brochure to the right). Please make as many copies as you'd like.

DINE. ENJOY. GIVE.

OWEN AND OLLIE'S RESTAURANT & PUB
 "AMERICAN STYLE MENU WITH A TOUCH OF IRISH"
 91 Mill Street Dracut, MA 01826
 978.957.4400 owenandollies.com

DINE WITH US ON WEDNESDAY
OCTOBER 12, 2022, 11AM-10PM
AND 20% OF YOUR CHECK
 (EXCLUDING TAX & TIP) WILL BE
DONATED TO:

O & O'S FOR a CAUSE
(Non-profit organization)

Please present this coupon to your server.
 Only one ticket per party needed.
 Take out included.

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Sponsor Me!

BIKER'S NAME: _____

NAME	DONATION
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Raise over \$250.00 and receive \$20.00 worth of raffle tickets after the ride.



Last year's signage along the route was a huge success!
For \$100 per sign you can advertise your business, remember a loved one, or simply display a special message along the way.
For details email David McCarthy at dmac100611@yahoo.com.